



Shanghai InfoSports Co., Ltd.

Guide to eMonitor
For KayakPro SpeedStroke Kayak
Ergometer



KayakPro USA LLC
Suppliers to the
2006 Asian Games
Doha Qatar



KayakPro LLC Supplier of Kayak
Ergometers to the 2004 Athens
Olympic Games

Shanghai InfoSports Co., Ltd.



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Function

eMonitor is the updated software for the INFO kayak & canoe training system. It consists of two parts: Display panel (fig.1) and Log/Data panel (fig.2)

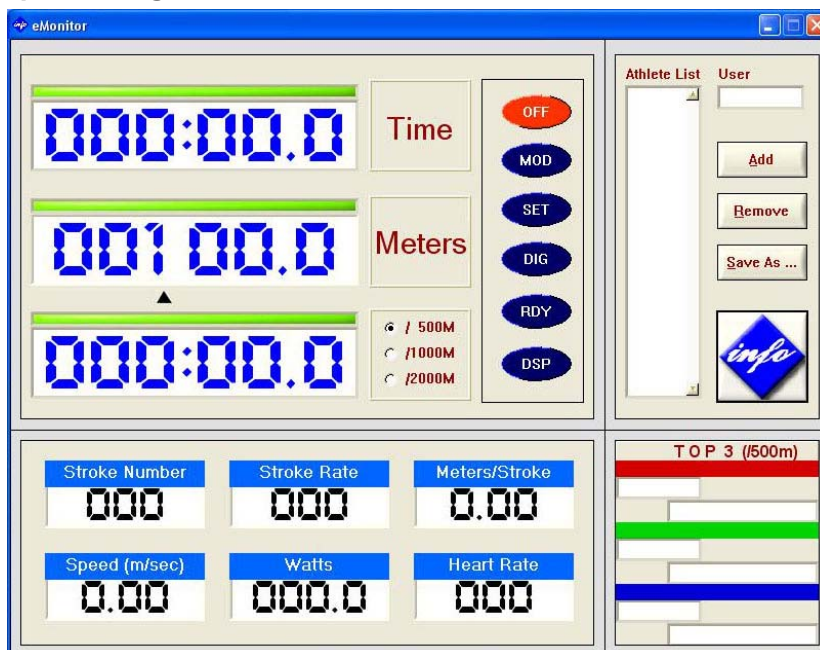


fig.1

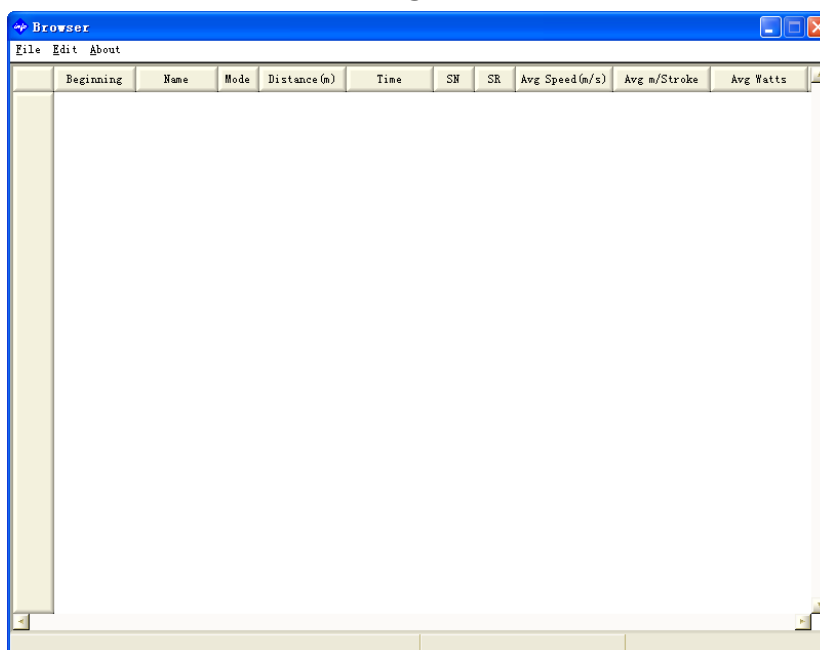


fig.2

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The Display panel is divided into four parts: Main display (fig.3), Data Record (fig.4), Program manage (fig.5) and Winner (fig.6).

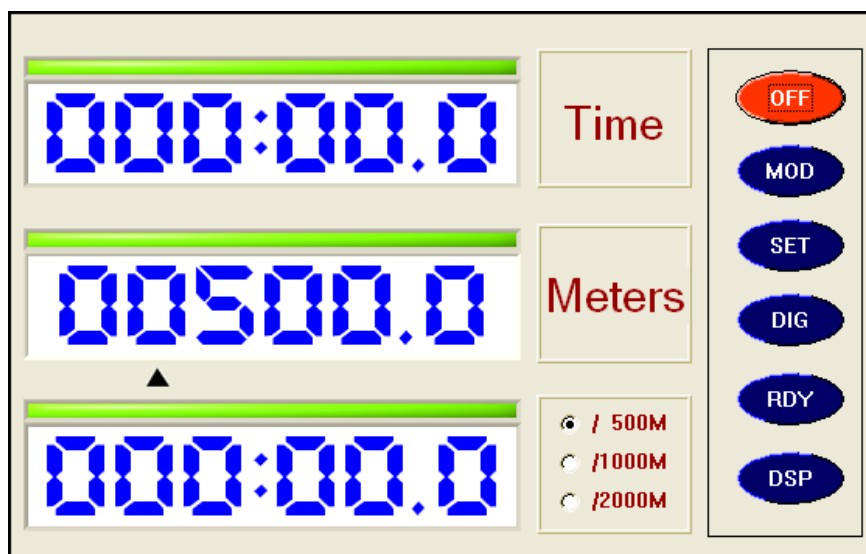


fig.3

The Main display shows the data as follows:

Time: the time for countdown.

Meters: the distance for countdown.

Projected Time: projected time to complete the target distance.

The target distance can be select between 500m, 1000m and 2000m.

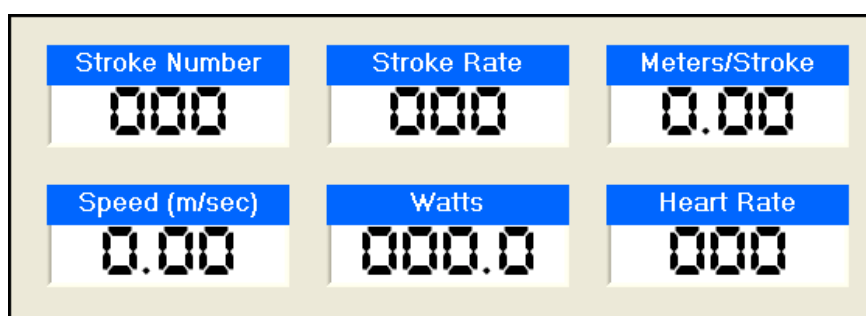


fig.4

The Data record from left to right is Time, Name, Mode, Stroke Number, Stroke Rate, Average Speed. Meters/Stroke, Average Watts Speed, Average Heart Rate and Max. Heart Rate. Once the section is finished, it shows total stroke numbers. The average of stroke rate, distance per paddled (meter), speed, watts, and heart rate(max). All the data will be save in the log file (*.td_) automatically.

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fig5

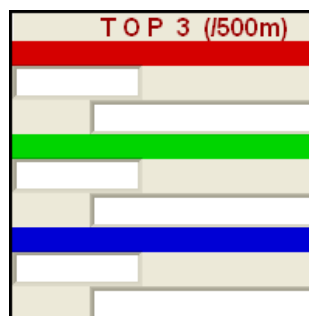


fig6

The Program Manager from left to right is Athlete List, User, Add, Remove, Save location and Logo. (See Key definitions for computer)

Winner shows the name and result of the top 3 athletes in the 500m racing.

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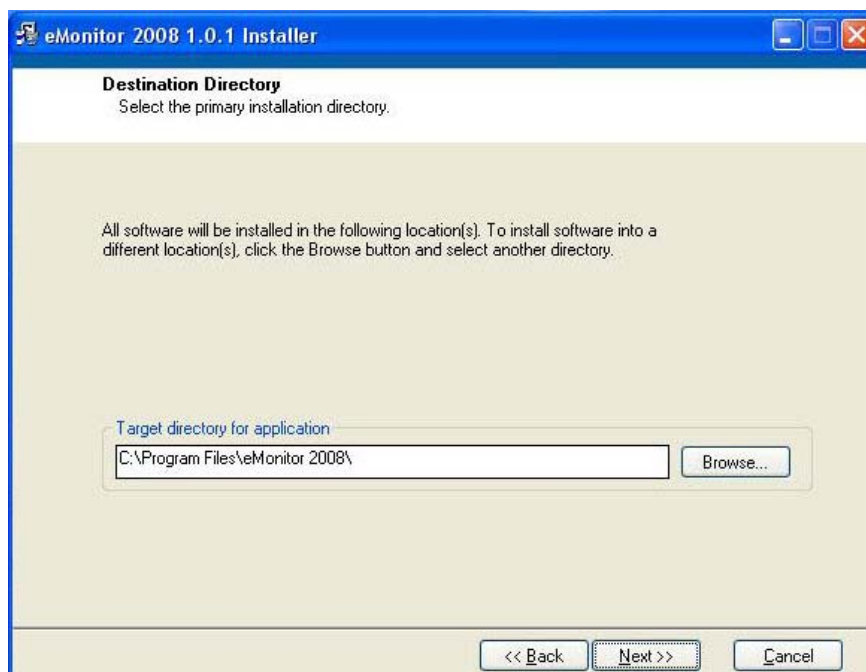


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Installation

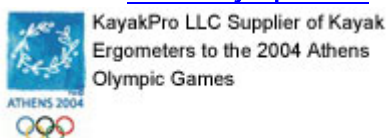
1. Install eMonitor 2008

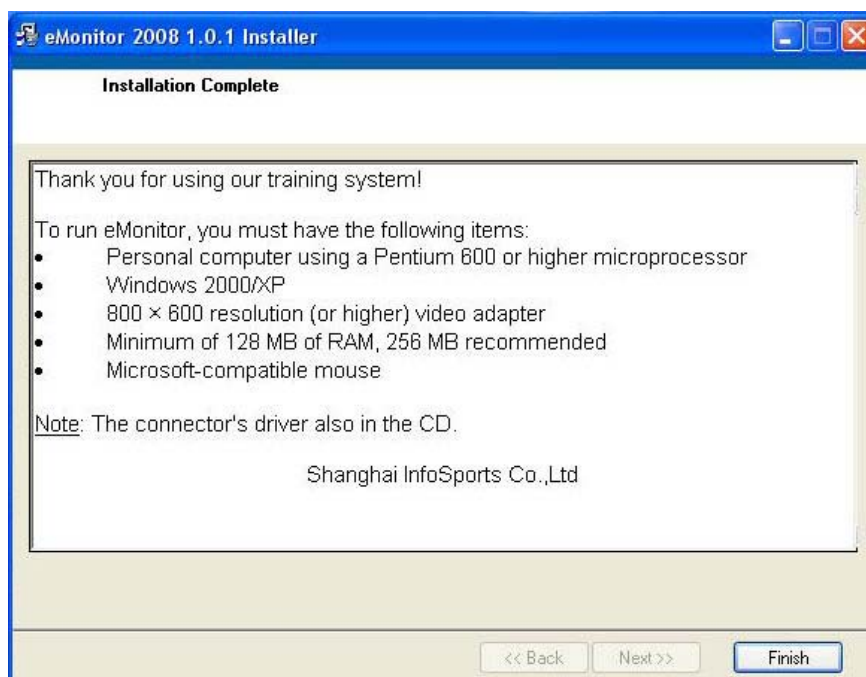
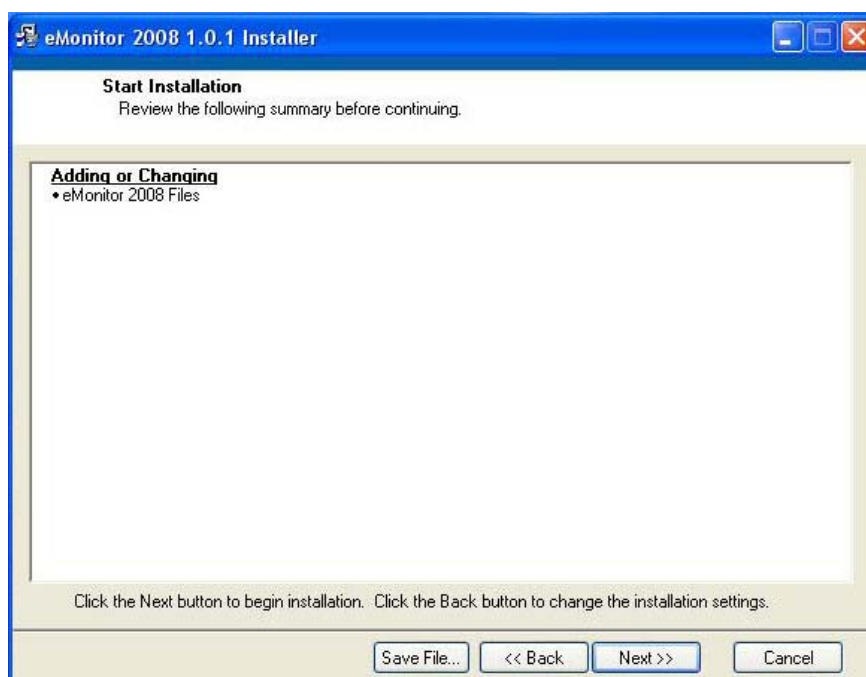
Insert eMonitor 2008 CD to your PC's CD/DVD-ROM. Software installation will start automatically. Follow the fig. step by step.



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2. Install driver

Connect the PC to the on-board monitor with cables provided into the USB port and connector. Remain installation CD in your PC. Begin found new hardware wizard as follow.

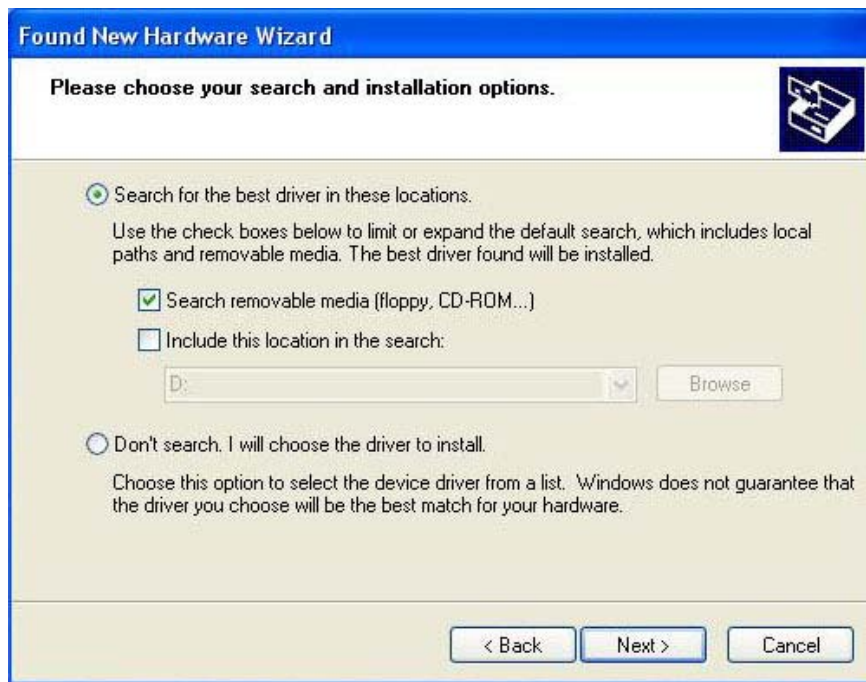


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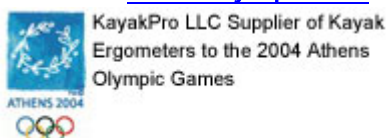


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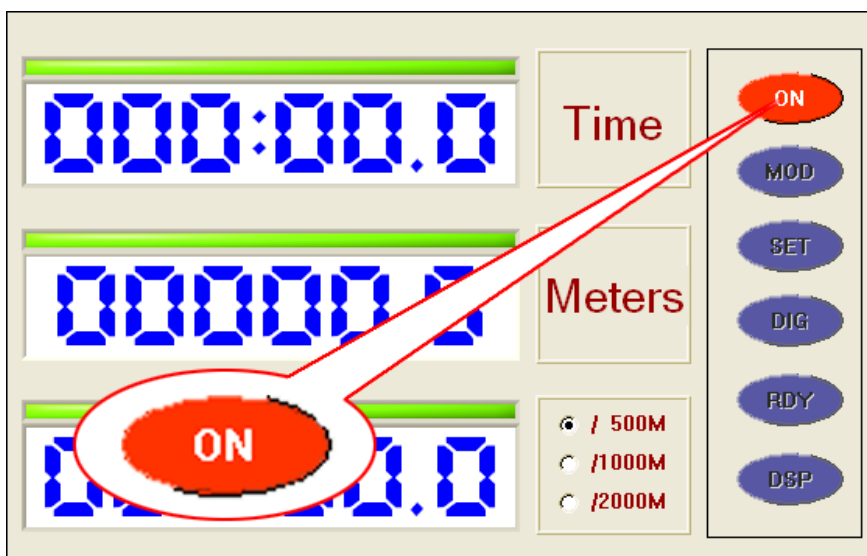
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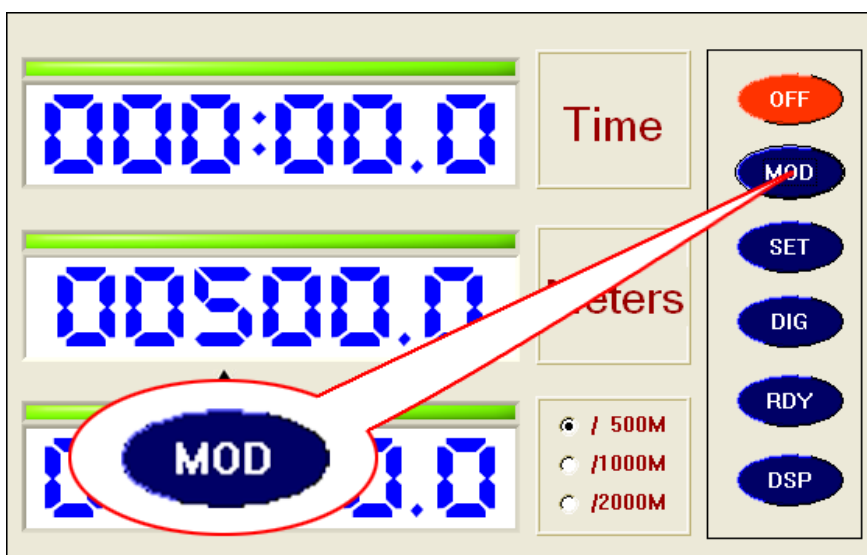
Key definitions for computer

1. Main display control

『On/OFF』 Switch On the on-board monitor.



『MOD』 Toggle between Time and Distance mode.



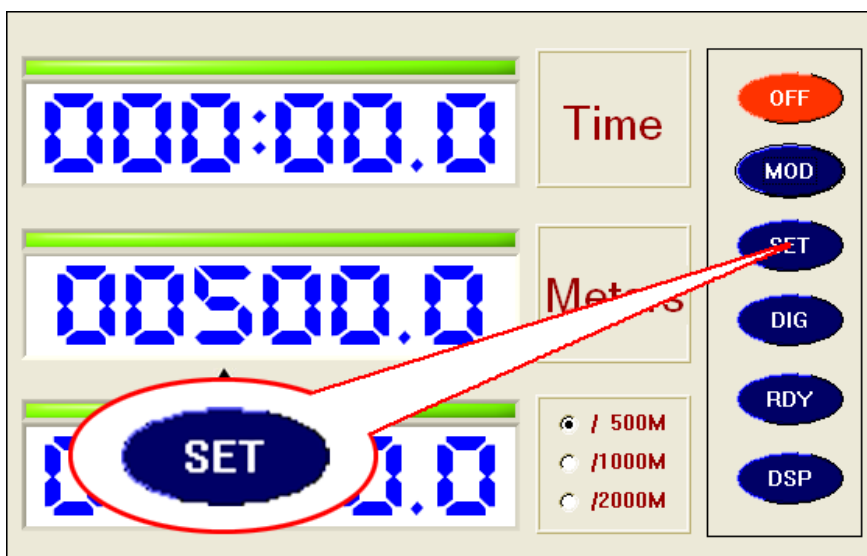
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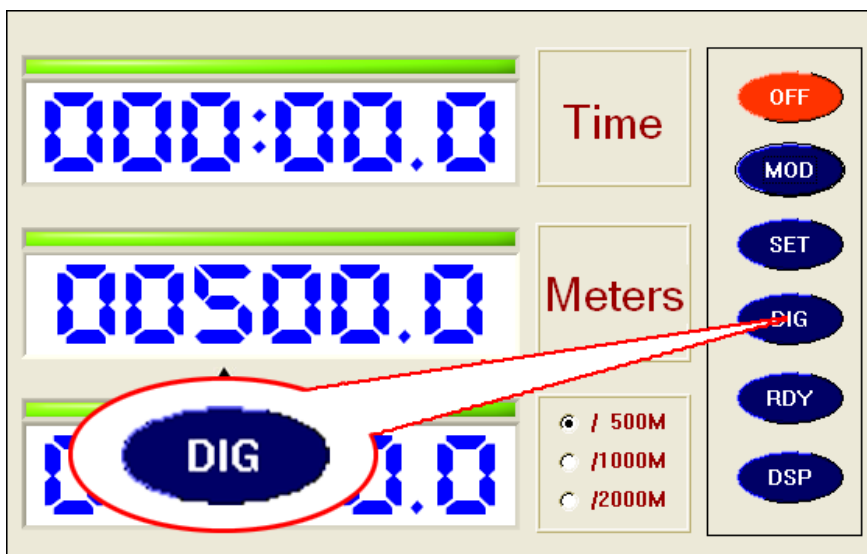


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『SET』 Select required digital for set up.



『DIG』 Select the desired value.



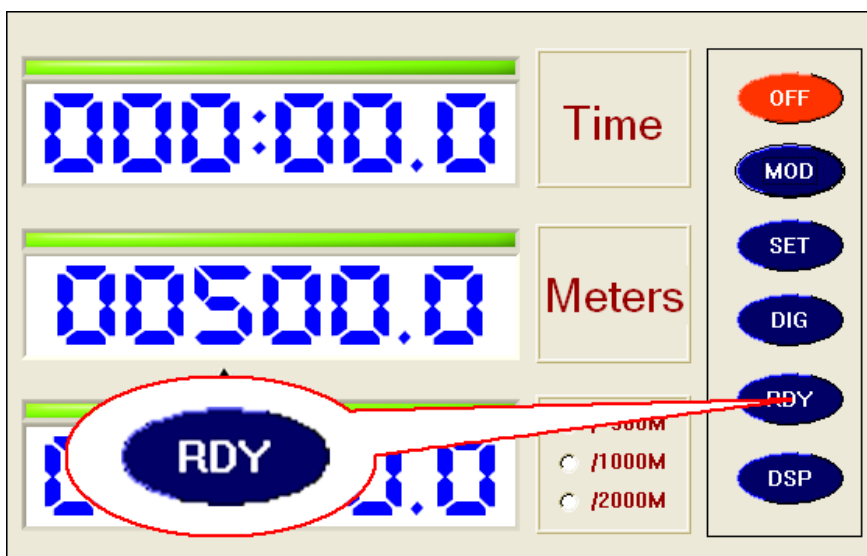
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『RDY』 Press RDY ,the machine will now be primed to start.



『DSP』 Change the display of the on-board monitor (Results/500m → Power → Calorie).

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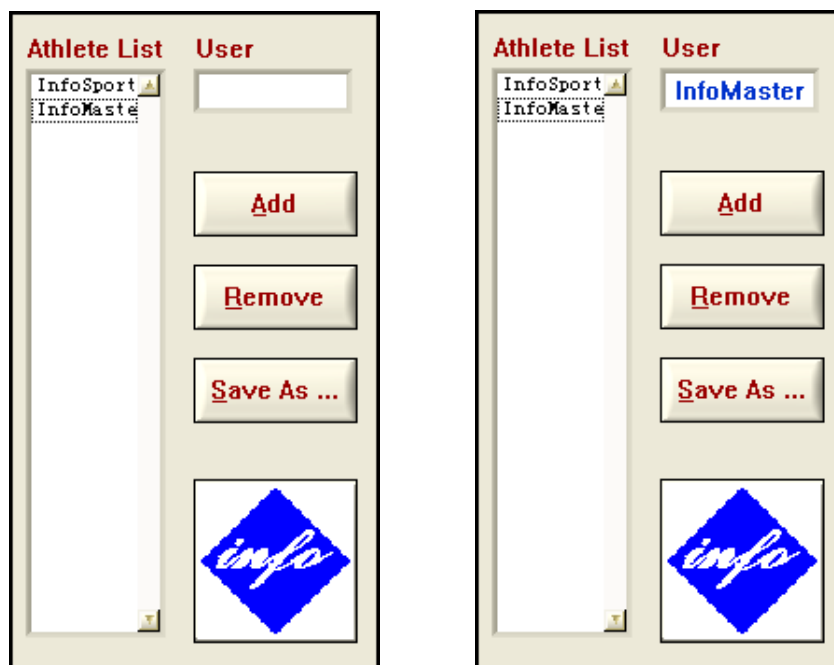
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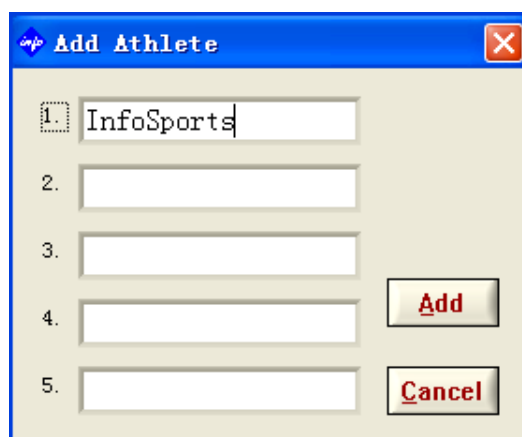
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2. Program manager

Select the athlete: Double click the athlete in the list. The athlete will show in the User section. The name and the result of the athlete will save in the file automatically after each section.



Add: Click 'Add', Fill in the name of the athlete one by one and click 'Add'.

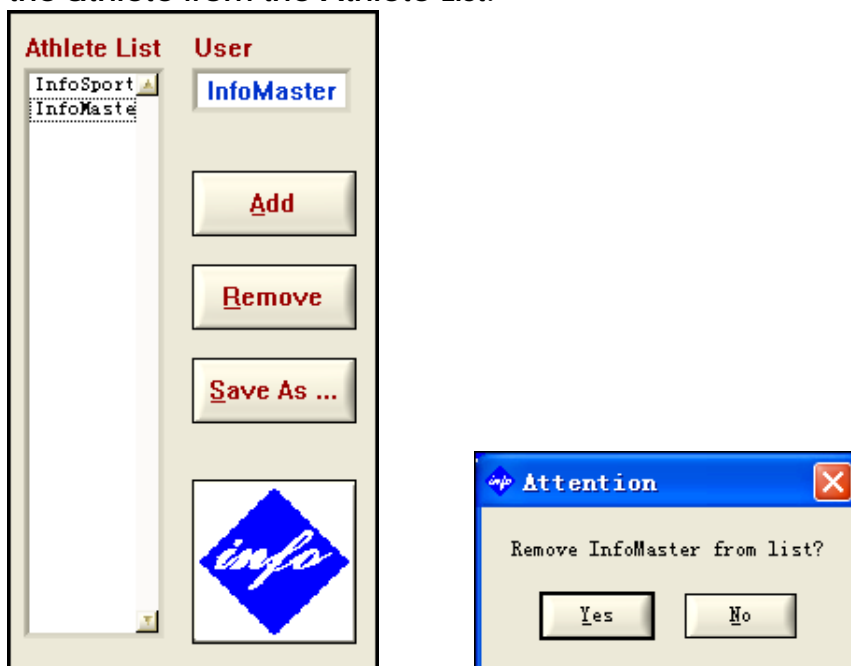


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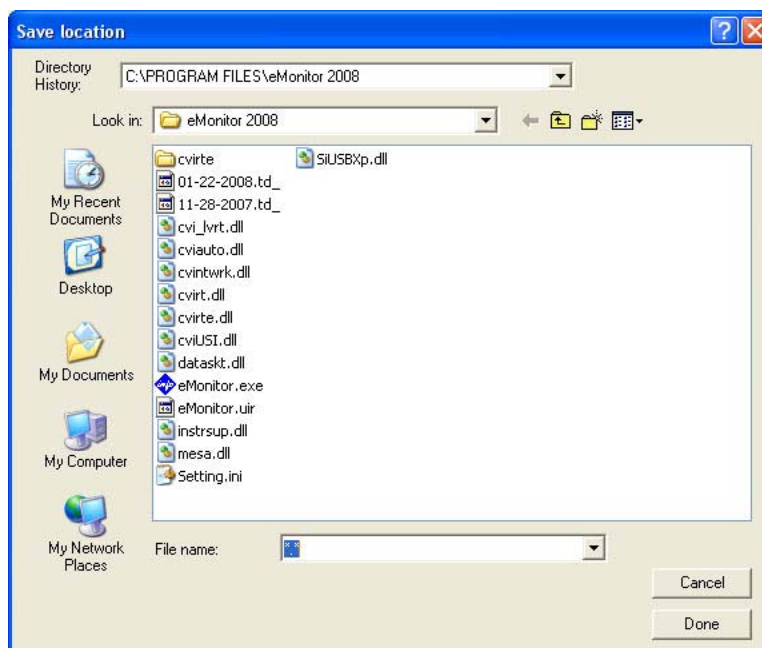


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Remove: Select the athlete. Click 'Remove' and the 'yes' button to remove the athlete from the Athlete List.



Save location: Click 'Save location'. Select save location and click 'Done'.



Logo: Click logo to open Log/Data panel and show the intraday results

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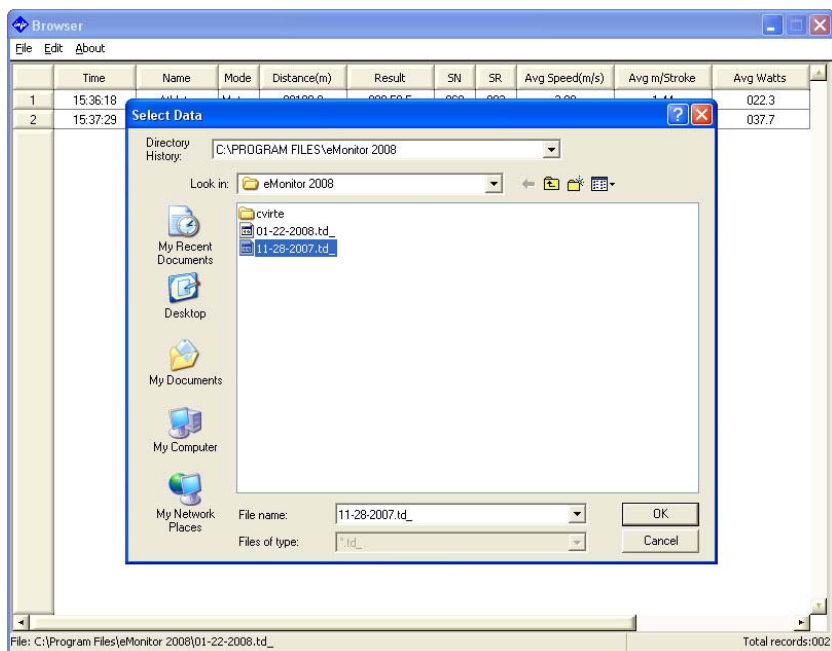
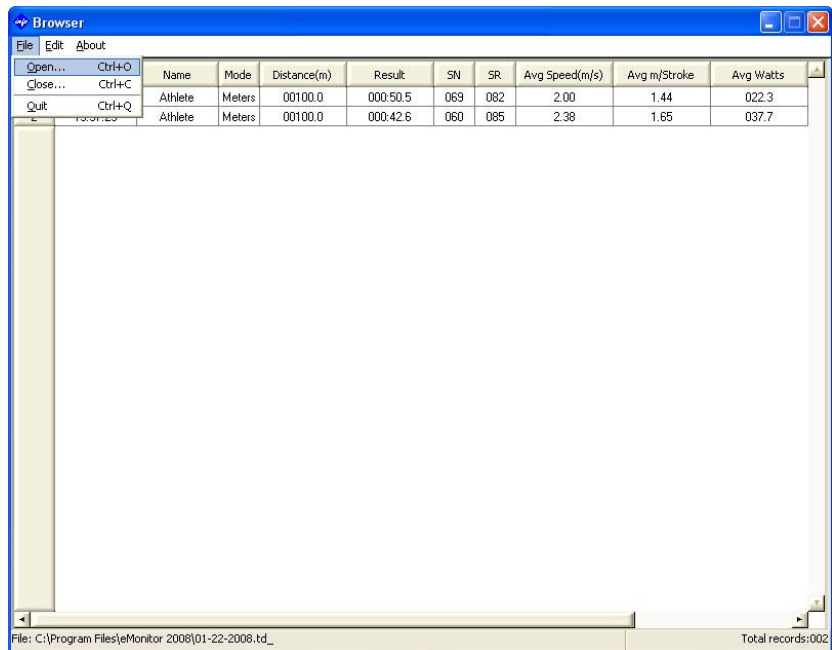
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Log/Data panel

Log/Data panel is a browser to show all the user results.

File	Edit	About
Open...	Ctrl+O	
Close...	Ctrl+C	
Quit	Ctrl+Q	

Open: Open the log file;



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	Time	Name	Mode	Distance(m)	Result	SN	SR	Avg Speed(m/s)	Avg m/Stroke	Avg Watts
1	17:58:16	Athlete	Time	00059.7	000:30.0	036	072	1.99	1.65	022.0

File: c:\PROGRAM FILES\YeMonitor 2008\11-28-2007.td_ Total records:001

Close: Close the log file;

Quit: Exit the program.

Edit	About
Save Location...	Ctrl+S
Add Athlete...	Ctrl+A
Remove Athlete...	Ctrl+R

Above 3 sections are the same as in the Program Manage.

About
About...

About: Information about the program.



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