

O1X (Outrigger) Footplate

OUTRIGGER

by **KAYAKPRO**

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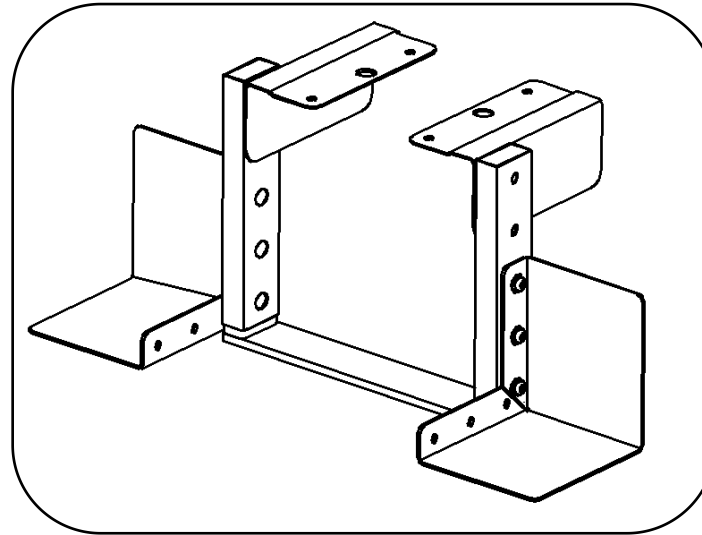
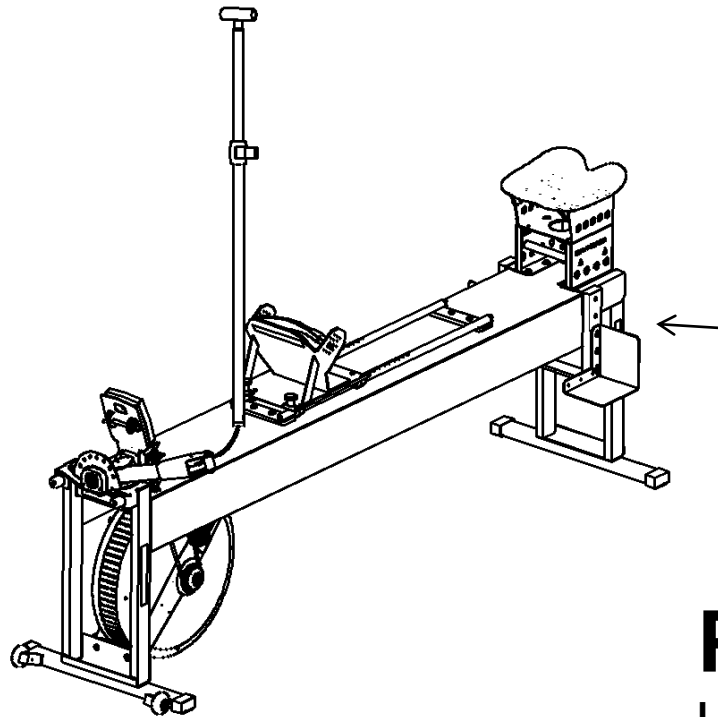
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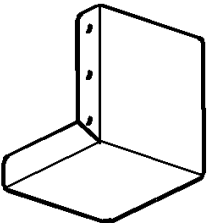
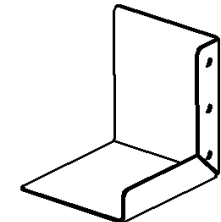
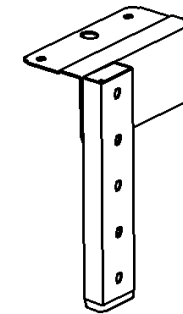
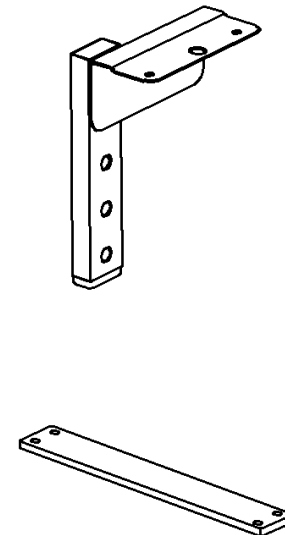


Supplier of
ergometer to
NASA



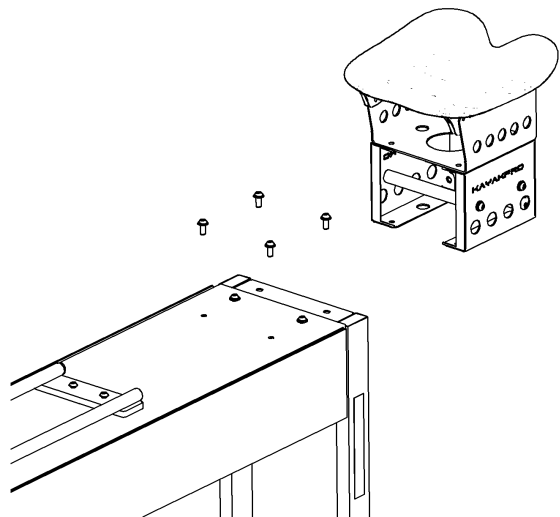
Packing list

- Left adjustable tube - 1
- Right adjustable tube - 1
- Left footplate - 1
- Right footplate - 1
- Stabilizer plate - 1
- M8*16 screw with washer - 10



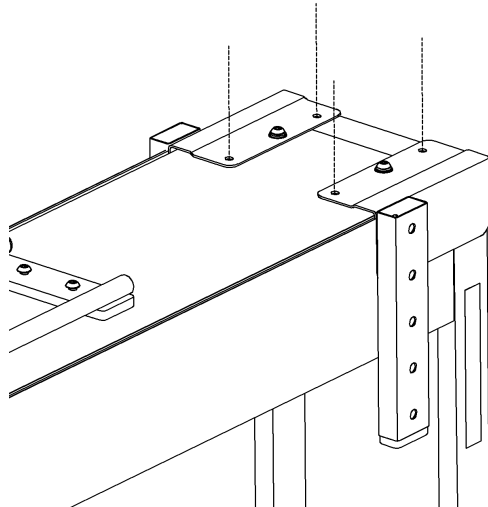
①

Remove the 4 M8 * 25 screws and seat from the machine.



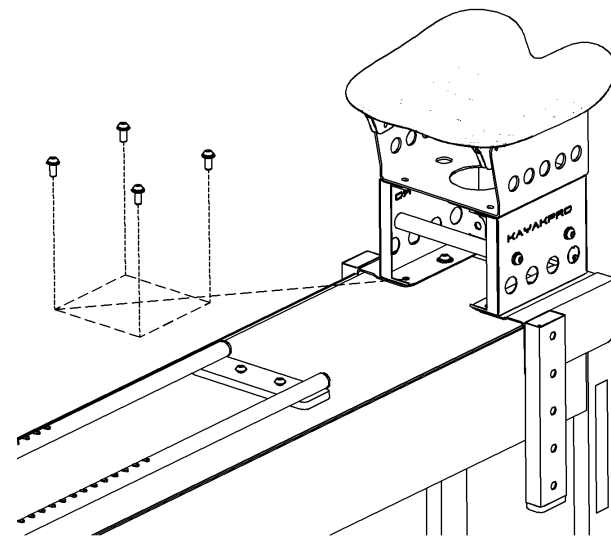
②

Attach the left and right adjustable tubes on the frame.



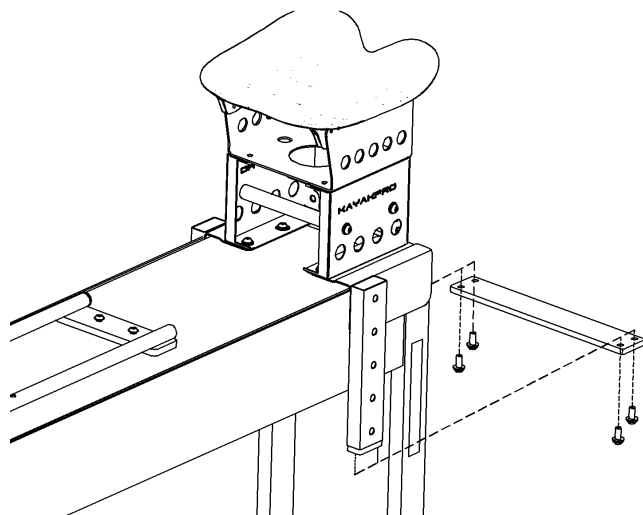
③

Attach the seat on the adjustable tube and tighten it with M8 * 25 screws from machine.



④

Use 4 M8 * 16 screws and washers to lock the stabilizer plate under the adjustable tubes.



⑤

Use 6 M8 * 16 screws and washers to lock the left and right foot pedals onto the adjustable tube.

