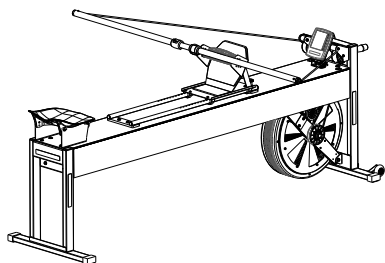




KayakPro® Xeon 2.0 Kayak Ergometer

ASSEMBLY MANUAL v 1.0



KP-A-00250 REV 01

KayakPro® Xeon 2.0 Kayak Ergometer

USAGE SAFETY PRECAUTIONS

SAFETY PRECAUTIONS

Safe operation and use.

Serious injury can occur if the following precautions are not observed.

1. Always consult your physician prior to undertaking any exercise regimen.

2. Keep head, limbs, fingers, and hair clear of all moving parts and flywheel cage.

Please note for the KayakPro® Xeon Kayak Ergometer, the space requirements are:

machine storage: 2.1m (l) x 0.8m (h) x 0.6m (w)
6' 11" (l) x 2' 8" (h) x 1' 10" (w)

safe working area: 3m (l) x 1.8m (h) x 1.75m (w)
9' 10" (l) x 5' 11" (h) x 5' 9" (w)

3. Inspect machine prior to use. Do not use the machine if it appears damaged or inoperable.

4. Contact manufacturer if machine is broken or jammed.

5. Use machine only as intended.

6. Do not modify the machine.

7. Children must not be allowed near this machine.

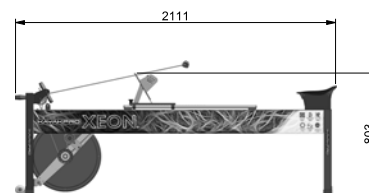
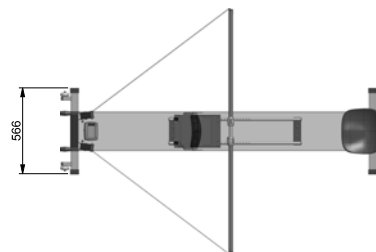
8. Teenagers must be supervised in the use of this machine.

9. By using the KayakPro® Xeon Kayak Ergometer the user accepts all and full responsibility for self.

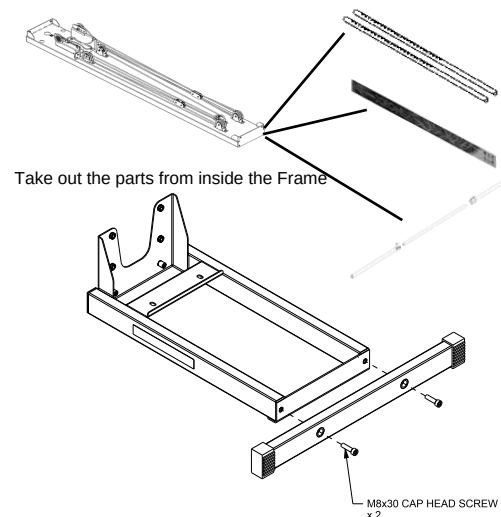
GENERAL General Notes

Tools required:

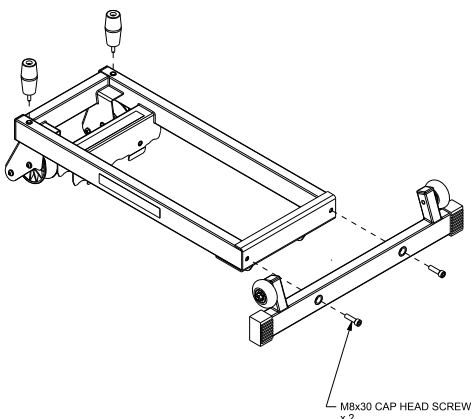
4mm Hex Allen Key
5mm Hex Allen Key
6mm Hex Allen Key
Side Cutters (for Cable Tie)



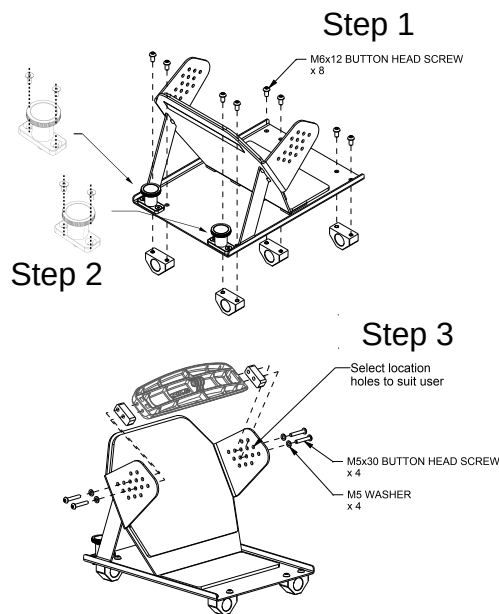
STEP 1 Attach Rear Foot to Rear Leg Assembly



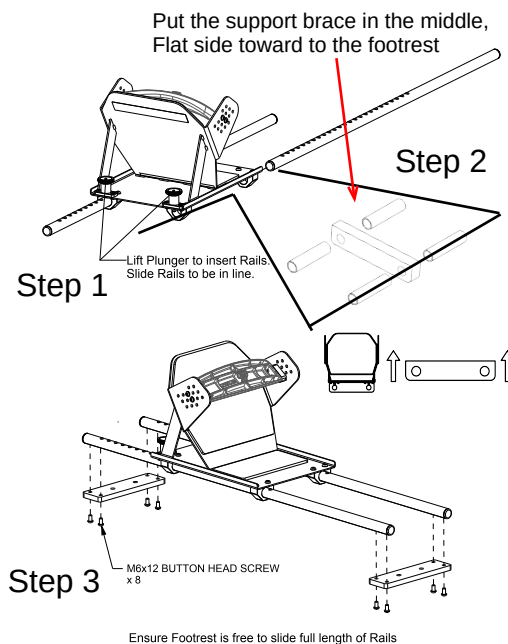
STEP 2 Attach Front Foot & Foot Assemblies to Front Leg Assembly



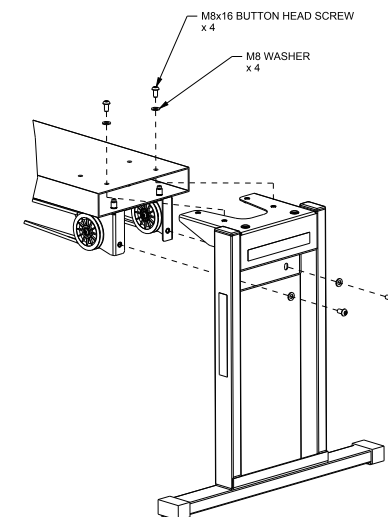
STEP 3 Fit Bearing Blocks & Pull Bar to Footrest Assembly



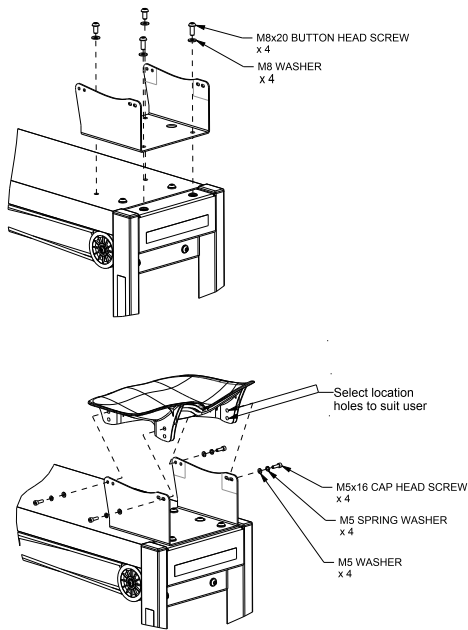
STEP 4 Assemble Footrest Rails



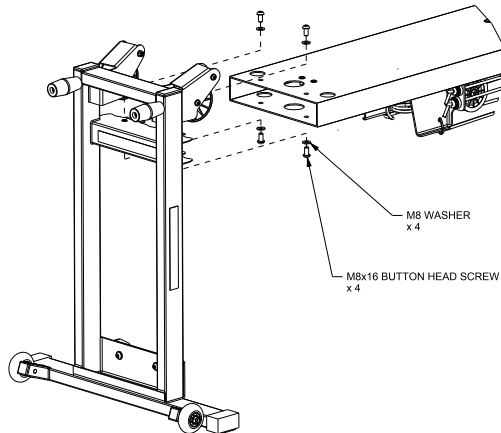
STEP 5 step description



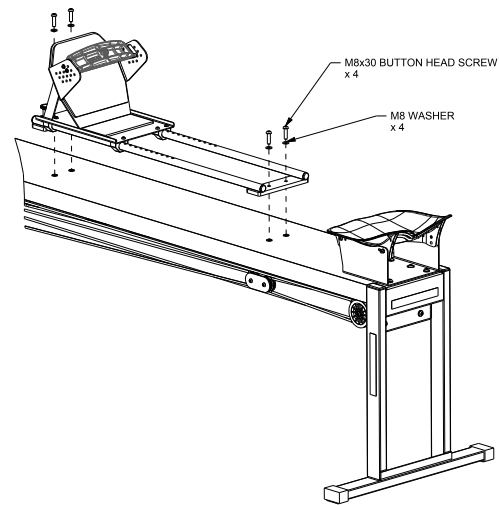
STEP 6 Fit Seat Platform & Seat



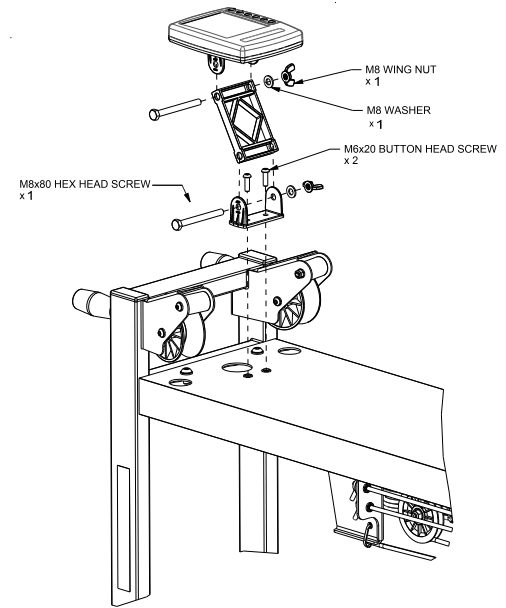
STEP 7 Fit Front Leg to Beam



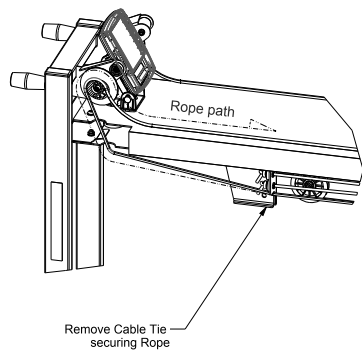
STEP 8 Fit Footrest & Rails to Beam Assembly



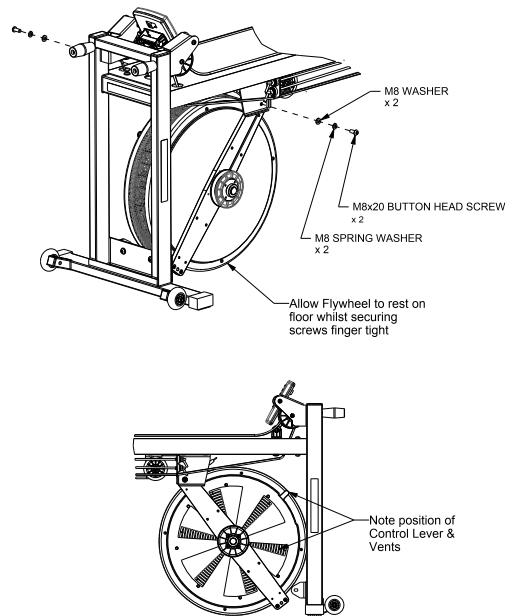
STEP 9 Fit Console



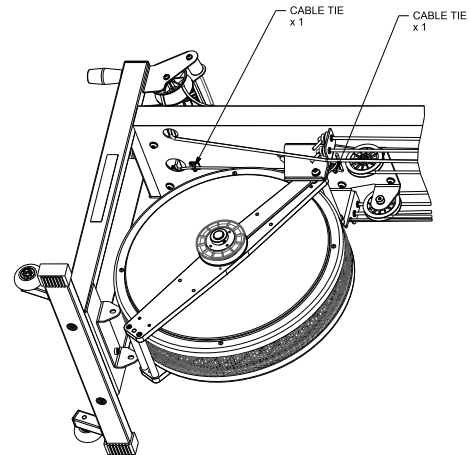
STEP 10 Thread Rope Through Beam Assembly



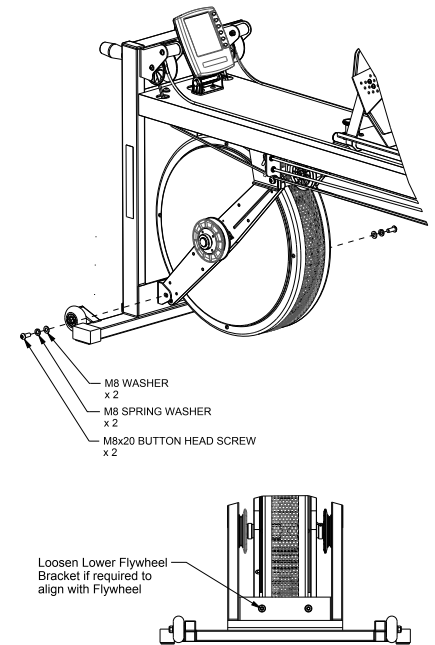
STEP 11 Fit Flywheel - Upper Mount



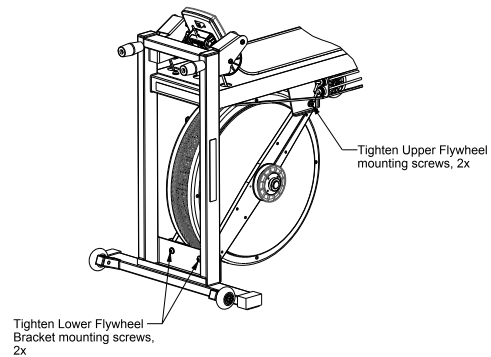
STEP 12 Thread, Secure & Connect Speed Sensor Cable



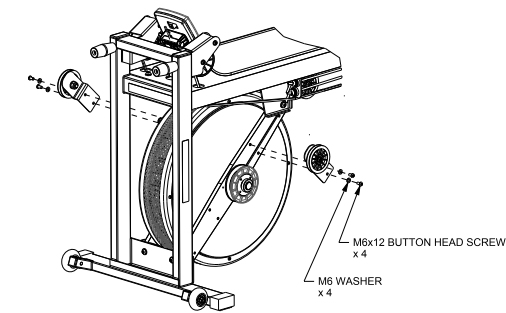
STEP 13 Fit Flywheel - Lower Mount



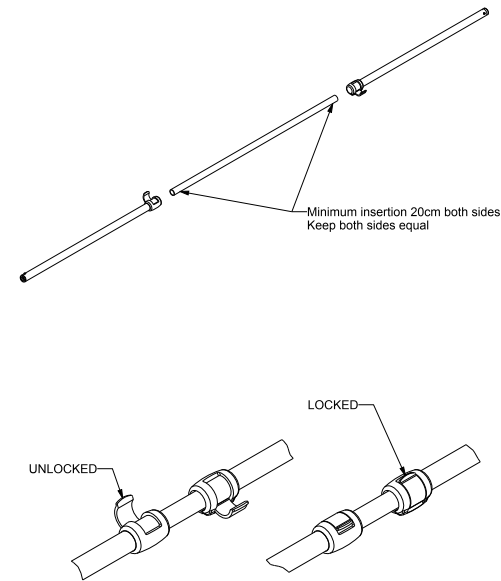
STEP 14 Tighten Upper Flywheel Mount & Lower Flywheel Bracket



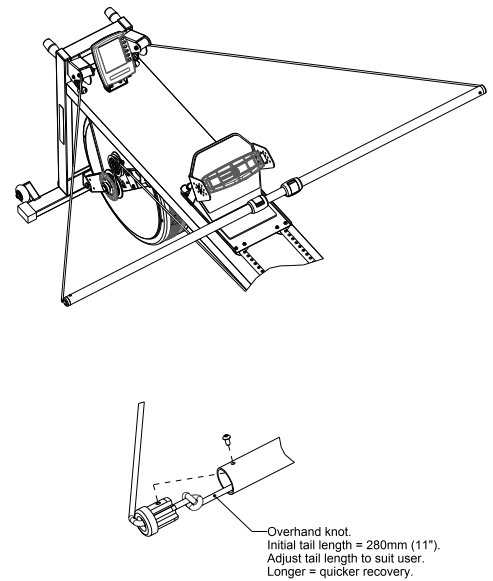
STEP 15 Fit Flywheel Pulley Assembly



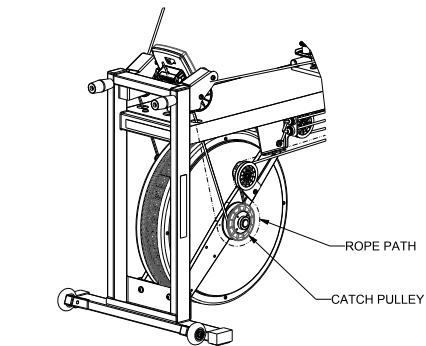
STEP 16 Assemble Paddle Shaft



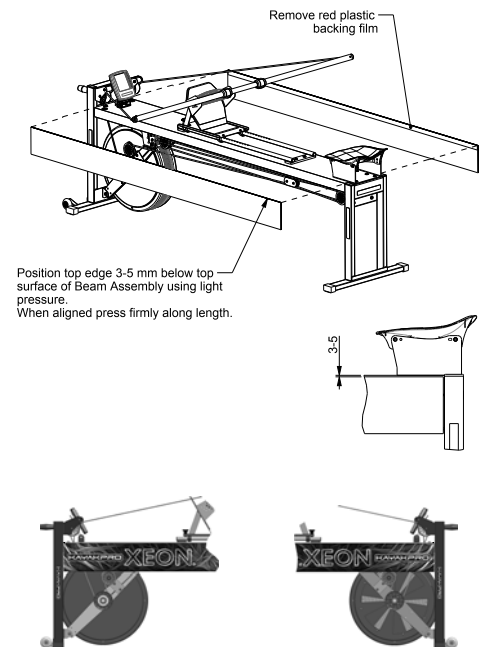
STEP 17 Connect Rope to Paddle Shaft and Recovery Adjustment



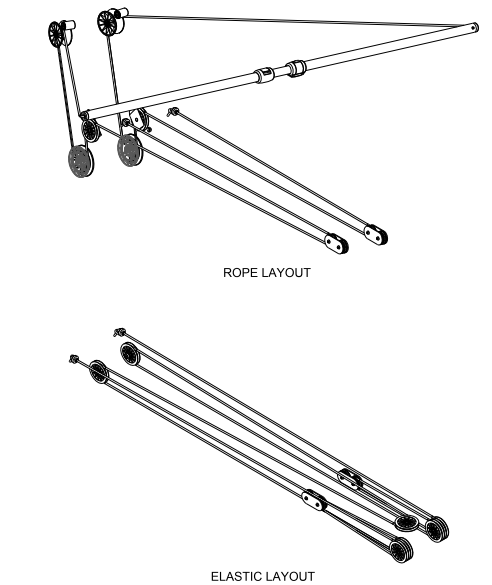
STEP 18 Wrap Rope Around Catch Pulley



STEP 21 Fit Side Panels



INFO Rope & Elastic Cord Layouts



KAYAKPRO



KayakPro USA LLC
6538 Collins Ave Suite 306
Miami Beach, FL 33141

Tel: 914.310.5899
www.kayakpro.com

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